

CLAIMS

1. Cosmetic and dermatological compositions containing dolichol mixed with suitable excipients and/or additives.
- 5 2. Compositions as claimed in claim 1, wherein the dolichol concentration is between 0.001 and 7% by weight.
3. Compositions as claimed in claim 1, wherein the dolichol concentration is between 0.002 and 5% by weight.
4. Compositions as claimed in any one of the preceding claims, wherein
10 dolichol is associated with other fat-soluble vitaminic active ingredients possessing an anti-radical action and/or with plant polyphenols.
5. Compositions as claimed in claim 4, wherein the fat-soluble vitaminic active ingredients with an anti-radical action are Vitamin E and Vitamin F and/or plant polyphenols.
- 15 6. Compositions as claimed in any one of claims 1-5, in the form of creams, lotions, milks, ointments, oils, ampoules, sticks and sprays.
7. Compositions as claimed in claim 6, in spray form.
8. Compositions as claimed in claim 7, wherein the propellant is carbon dioxide.
- 20 9. The use of dolichol for the preparation of cosmetic and dermatological compositions designed to prevent acute and chronic skin damage caused by exposure to sunlight.

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